**Recommended Reading**

**Sexual Abuse**

1. The Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse (Dan Allender) (+ companion workbook) https://www.amazon.com/Dan-Allender-Study-Set-Childhood/dp/B010R2RZ62/ref=sr\_1\_3?s=books&ie=UTF8&qid=1471402430&sr=1-3&keywords=The+Wounded+Heart%3A+Hope

2. Helping Victims of Sexual Abuse: A Sensitive Biblical Guide for Counselors, Victims, and Families (Lynn Heitritter & Jeanette Vought)

3. The Courage To Heal - A Guide for Women Survivors of Child Sexual Abuse (Ellen Bass & Laura Davis) (+ companion workbook)

4. On The Threshold of Hope (Diane Mandt Langberg) (+ companion workbook)

https://www.amazon.com/Threshold-Hope-Aacc-Counseling-Library/dp/0842343628/ref=sr\_1\_2?s=books&ie=UTF8&qid=1473044248&sr=1-2&keywords=On+The+Threshold+of+Hope+%28Diane+Mandt+Langberg

5. Healing for the Wounded Heart: The Heart of Sexual Abuse and the Hope of Transformation (Dan Allender) (+ companion workbook) 2016 https://www.amazon.com/Dan-Allender-Heartache-Transformation-Counseling/dp/B01H5TGW5K/ref=sr\_1\_10?s=books&ie=UTF8&qid=1471402430&sr=1-10&keywords=The+Wounded+Heart%3A+Hope

**Integration**

1. The Three Battlegrounds (Francis Frangipane) https://www.amazon.com/Three-Battlegrounds--Depth-Spiritual-Heavenly/dp/1886296383/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473026600&sr=1-1&keywords=The+Three+Battlegrounds+Francis+Frangipane

2. The Universe Next Door: A Basic Worldview Catalog (James M. Sire) https://www.amazon.com/Universe-Next-Door-Worldview-Catalog/dp/0830838503/ref=sr\_1\_fkmr0\_1?s=books&ie=UTF8&qid=1473026704&sr=1-1-fkmr0&keywords=The+Universe+Next+Door%3A+A+Basic+Worldview+Catalog+%28James+M.+Sire%29

3. Worldviews In Conflict (Ronald H. Nash) https://www.amazon.com/Worldviews-Conflict-Choosing-Christianity-World/dp/0310577713/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473026798&sr=1-1&keywords=Worldviews+In+Conflict+%28Ronald+H.+Nash%29

**Sexual Predators**

1. Identifying Child Molesters: Preventing Child Sexual Abuse by Recognizing the Patterns of the Offenders (Carla Van Dam) https://www.amazon.com/Identifying-Child-Molesters-Preventing-Recognizing/dp/0789007436/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473026895&sr=1-1&keywords=Identifying+Child+Molesters%3A+Preventing+Child+Sexual+Abuse+by+Recognizing+the+%09Patterns+of+the+Offenders++%28Carla+Van+Dam%29

2. [The Stop Child Molestation Book: What Ordinary People Can Do In Their Everyday Lives To Save 3 Million Children (Nora Harlow & Gene G. Abel M.D.)](https://www.amazon.com/Stop-Child-Molestation-Book-Ordinary/dp/1401034802/ref=sr_1_1?ie=UTF8&qid=1468806939&sr=8-1&keywords=the+stop+child+molestation+book" \o "The Stop Child Molestation Book: What Ordinary People Can Do In Their Everyday Lives To Save 3 Million Children)

https://www.amazon.com/Stop-Child-Molestation-Book-Ordinary/dp/1401034802/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473027038&sr=1-1&keywords=The+Stop+Child+Molestation+Book%3A+What+Ordinary+People+Can+Do+In+Their+%09Everyday+Lives+To+Save+3+Million+Children+%28Nora+Harlow+%26+Gene+G.+Abel+M.D.%29

**Healing**

# 1. An Adult Child's Guide to What's Normal (John C. Friel) https://www.amazon.com/Adult-Childs-Guide-Whats-Normal/dp/1558740902/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473027110&sr=1-1&keywords=An+Adult+Child%27s+Guide+to+What%27s+Normal+%28John+C.+Friel%29

# 2. Internal Family Systems Therapy (Richard C. Schwartz) https://www.amazon.com/Internal-Family-Systems-Therapy-Dimensions/dp/B00Y353TLK/ref=sr\_1\_7?s=books&ie=UTF8&qid=1473027272&sr=1-7&keywords=Internal+Family+Systems+Therapy+%28Richard+C.+Schwartz%29

# 3. Homecoming: Reclaiming and Championing Your Inner Child (John Bradshaw)

# https://www.amazon.com/Homecoming-Reclaiming-Championing-Inner-Child/dp/0553353896/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473027460&sr=1-1&keywords=Homecoming%3A+Reclaiming+and+Championing+Your+Inner+Child+%28John+Bradshaw%29w)

# 4. Changes That Heal (Henry Cloud)

# https://www.amazon.com/Changes-That-Heal-Understand-Healthier/dp/B004SI8XTU/ref=sr\_1\_7?s=books&ie=UTF8&qid=1473027716&sr=1-7&keywords=Changes+That+Heal+%28Henry+Cloud%29

# 5. Boundaries: When to Say YES, When to Say No, To Take Control of Your Life (Henry Cloud & John Townsend)

# https://www.amazon.com/Boundaries-When-Take-Control-Your/dp/0310247454/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473027955&sr=1-1&keywords=Boundaries%3A+When+to+Say+YES%2C+When+to+Say+No%2C+To+Take+Control+of+Your+Life+%09%28Henry+Cloud+%26+John+Townsend%29

# 6. Soul of Adulthood: Opening the Doors (John C. Friel & Linda D Friel)

# https://www.amazon.com/Soul-Adulthood-John-Friel-Ph-D/dp/1558743413/ref=sr\_1\_fkmr1\_1?s=books&ie=UTF8&qid=1473028085&sr=1-1-fkmr1&keywords=Soul+of+Adulthood%3A+Opening+the+Doors+%28John+C.+Friel+%26+Linda+D+Friel%29

# 7. Healing the Child Within: Discovery and Recovery for Adult Children of Dysfunctional Families (Charles L. Whitfield)

# https://www.amazon.com/Healing-Child-Within-Charles-Whitfield/dp/0757319149/ref=sr\_1\_fkmr1\_3?s=books&ie=UTF8&qid=1473028191&sr=1-3-fkmr1&keywords=Healing+the+Child+Within%3A+Discovery+and+Recovery+for+Adult+Children+of+%09Dysfunctional+Families+%28Charles+L.+Hitfield%29

# 8. Please Don't Label My Child: Break the Doctor-Diagnosis-Drug Cycle and Discover Safe, Effective Choices for Your Child's Emotional Health (Scott Shannon)

# https://www.amazon.com/Please-Dont-Label-Child-Doctor-Diagnosis-Drug/dp/157954682X/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473028388&sr=1-1&keywords=Please+Don%27t+Label+My+Child%3A+Break+the+Doctor-Diagnosis-Drug+Cycle+and+%09Discover+Safe%2C+Effective+Choices+for+Your+Child%27s+Emotional+Health+%28Scott+%09Shannon%29

# 9. Transforming of the Inner Man (John Loren Sandford & Paula Sandford) https://www.amazon.com/Transforming-Inner-Man-Principles-Transformation/dp/159979067X/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473028477&sr=1-1&keywords=Transforming+of+the+Inner+Man+%28John+Loren+Sandford+%26+Paula+Sandford%29

# 10. Waking the Dead (John Eldridge)

# https://www.amazon.com/Waking-Dead-Glory-Heart-Fully/dp/0785288295/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473028547&sr=1-1&keywords=Waking+the+Dead+%28John+Eldridge%29

# 11. Deadly Emotions: Understand the Mind-Body-Spirit Connection That Can Heal or Destroy You (Don Colbert) https://www.amazon.com/Deadly-Emotions-Understand-Mind-Body-Spirit-Connection/dp/0785288082/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473028597&sr=1-1&keywords=Deadly+Emotions%3A+Understand+the+Mind-Body-Spirit+Connection+That+Can+Heal+or+%09Destroy+You+%28Don+Colbert%29

# 12. Telling the Truth to Troubled People (William Backus) https://www.amazon.com/Telling-Troubled-People-William-Backus/dp/087123811X/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473028679&sr=1-1&keywords=Telling+the+Truth+to+Troubled+People+%28William+Backus%29

# 13. Self Esteem Gift from God (Ruth McRoberts Ward)

# https://www.amazon.com/Self-Esteem-Gift-Ruth-McRoberts-Ward/dp/1573123137/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473028773&sr=1-1&keywords=Self+Esteem+Gift+from+God+%28Ruth+McRoberts+Ward%29

# 14. Self-Talk: Key to Personal Growth (David Stoop)

# https://www.amazon.com/Self-Talk-Personal-Growth-David-Stoop/dp/0800755936/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473028849&sr=1-1&keywords=Self-Talk%3A+Key+to+Personal+Growth+%28David+Stoop%29

# 15. Love is a Choice: The Definitive Book on Letting Go of Unhealthy Relationships (Robert Hemfelt, Frank Minirth, Paul Meier) https://www.amazon.com/Love-Choice-Definitive-Unhealthy-Relationships/dp/0785263756/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473029072&sr=1-1&keywords=Love+is+a+Choice%3A+The+Definitive+Book+on+Letting+Go+of+Unhealthy+Relationships+%09%28Robert+Hemfelt%2C+Frank+Minirth%2C+Paul+Meier%29

# 16. Letting Go of Shame: Understanding How Shame Affects Your Life (Ronald Potter-Efron)

# https://www.amazon.com/Letting-Shame-Understanding-Potter-Efron-published/dp/B015VAW5LK/ref=sr\_1\_3?s=books&ie=UTF8&qid=1473029187&sr=1-3&keywords=Letting+Go+of+Shame%3A+Understanding+How+Shame+Affects+Your+Life+%28Ronald+%09Potter-Efron%29

# 17. Happiness is a Choice: The Symptoms, Causes, and Cures of Depression (Frank Minirth & Paul Meier)

# https://www.amazon.com/Happiness-Choice-Symptoms-Causes-Depression/dp/0801068266/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473029309&sr=1-1&keywords=Happiness+is+a+Choice%3A+The+Symptoms%2C+Causes%2C+and+Cures+of+Depression+%28Frank+%09Minirth+%26+Paul+Meier%29

# 18. Healing the Scars of Emotional Abuse (Gregory L. Jantz) (+ companion workbook) https://www.amazon.com/Healing-Scars-Emotional-Abuse-Gregory/dp/0800733231/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473029368&sr=1-1&keywords=Healing+the+Scars+of+Emotional+Abuse+%28Gregory+L.+Jantz%29

# 19. The Healing Path: How the Hurts in Your Past Can Lead You to a More Abundant Life (Dan Allender) https://www.amazon.com/Healing-Path-Hurts-Your-Abundant/dp/1578563917/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473029447&sr=1-1&keywords=The+Healing+Path%3A+How+the+Hurts+in+Your+Past+Can+Lead+You+to+a+More+%09Abundant+Life+%28Dan+Allender%29

# 20. The Emotional Incest Syndrome: What to Do When a Parent's Love Rules Your Life (Patricia Love)

# https://www.amazon.com/Emotional-Incest-Syndrome-Parents-Rules/dp/055335275X/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473029539&sr=1-1&keywords=The+Incest+Syndrome%3A+What+to+Do+When+a+Parent%27s+Love+Rules+Your+Life+%09%28Patricia+Love%29

# 21. Daddy Do You Love Me? A Daughter's Journey of Faith and Restoration (Ariel Allison & Shelby Rawson)

# https://www.amazon.com/Daddy-Do-You-Love-Me-ebook/dp/0892216581/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473029670&sr=1-1&keywords=Daddy+Do+You+Love+Me%3F+A+Daughter%27s+Journey+of+Faith+and+Restoration+%28Ariel+%09Allison+%26+Shelby+Rawson%29

# 22. Finding Purpose Beyond Our Pain - Uncover the Hidden Potential in Life's Most Common Struggles (Paul Meier & David L. Henderson)

# https://www.amazon.com/Finding-Purpose-Beyond-Our-Pain-ebook/dp/B004GKM6VQ/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473029723&sr=1-1&keywords=Finding+Purpose+Beyond+Our+Pain+-+Uncover+the+Hidden+Potential+in+Life%27s+Most+%09Common+Struggles+%28Paul+Meier+%26+David+L.+Henderson%29#nav-subnav

# Miscellaneous

1. Malignant Self Love: Narcissism Revisited (Sam Vaknin)

https://www.amazon.com/Malignant-Self-Love-Narcissism-Sam-Vaknin/dp/8023833847/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473029800&sr=1-1&keywords=Malignant+Self+Love%3A+Narcissism+Revisited+%28Sam+Vaknin%29

2. Living With A Passive-Aggressive Man (Scott Wetzler)

https://www.amazon.com/Living-Passive-Aggressive-Man-Publisher-Fireside/dp/B004X1U6II/ref=sr\_1\_2?s=books&ie=UTF8&qid=1473029875&sr=1-2&keywords=Living+With+A+Passive-Aggressive+Man+%28Scott+Wetzler%29

3. Christian Men Who Hate Women (Margaret Rinck) https://www.amazon.com/Christian-Men-Hate-Women-Relationships/dp/0310517516/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473029940&sr=1-1&keywords=Christian+Men+Who+Hate+Women+%28Margaret+Rinck%29

4. Battered Into Submission: The Tragedy of Wife Abuse in the Christian Home (James Alsdurf)

https://www.amazon.com/Battered-Into-Submission-Tragedy-Christian/dp/1579101992/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473030016&sr=1-1&keywords=Battered+Into+Submission%3A+The+Tragedy+of+Wife+Abuse+in+the+Christian+Home%09%28James+Alsdurf%29

5. Angry Men and the Women Who Love Them: Breaking the Cycle of Physical and Emotional Abuse (Paul Hegstrom)

https://www.amazon.com/Angry-Men-Women-Love-Them/dp/0834121522/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473030076&sr=1-1&keywords=Angry+Men+and+the+Women+Who+Love+Them%3A+Breaking+the+Cycle+of+Physical+and+%09Emotional+Abuse+%28Paul+Hegstrom%29

6. [Invisible Girls: The Truth About Sexual Abuse (Dr. Patti Feuereisen Ph.D. & Caroline Pincus) https://www.amazon.com/Invisible-Girls-Truth-about-Sexual/dp/1580053017/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473030128&sr=1-1&keywords=Invisible+Girls%3A+The+Truth+About+Sexual+Abuse++%28Dr.+Patti+Feu](https://www.amazon.com/Invisible-Girls-Truth-about-Sexual/dp/1580053017/ref=sr_1_3?ie=UTF8&qid=1468805789&sr=8-3&keywords=invisible+girls" \o "Invisible Girls: The Truth about Sexual Abuse)

[7.](https://www.amazon.com/Invisible-Girls-Truth-about-Sexual/dp/1580053017/ref=sr_1_3?ie=UTF8&qid=1468805789&sr=8-3&keywords=invisible+girls" \o "Invisible Girls: The Truth about Sexual Abuse) [Allies in Healing: When the Person You Love Was Sexually Abused as a Child (Laura Davis) https://www.amazon.com/Allies-Healing-Person-Sexually-Abused/dp/0060968834/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473030280&sr=1-1&keywords=Allies+in+Healing%3A+When+the+Person+You+Love+Was+Sexually+Abused+as+a+Child+%09%28Laura+Davis%29](https://www.amazon.com/Allies-Healing-Person-Sexually-Abused/dp/0060968834/ref=sr_1_1?s=books&ie=UTF8&qid=1468806032&sr=1-1&keywords=allies+in+healing" \o "Allies in Healing: When the Person You Love Was Sexually Abused as a Child)

[8. Safe People (Henry Cloud & John Townsend)](https://www.amazon.com/Allies-Healing-Person-Sexually-Abused/dp/0060968834/ref=sr_1_1?s=books&ie=UTF8&qid=1468806032&sr=1-1&keywords=allies+in+healing" \o "Allies in Healing: When the Person You Love Was Sexually Abused as a Child)

[https://www.amazon.com/Allies-Healing-Person-Sexually-Abused/dp/0060968834/ref=sr\_1\_1?s=books&ie=UTF8&qid=1473030280&sr=1-1&keywords=Allies+in+Healing%3A+When+the+Person+You+Love+Was+Sexually+Abused+as+a+Child+%09%28Laura+Davis%29](https://www.amazon.com/Allies-Healing-Person-Sexually-Abused/dp/0060968834/ref=sr_1_1?s=books&ie=UTF8&qid=1468806032&sr=1-1&keywords=allies+in+healing" \o "Allies in Healing: When the Person You Love Was Sexually Abused as a Child)

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